Eurnishing a workplace Lactation Room

| | M M O D A | TIONS |
|--|---|--|
| MINIMUM | MEDIUM | IDEAL |
| □ Space with privacy ensured □ Electrical outlet □ Chair □ Small table □ Wastebasket □ Nearby sink with hot, running water □ Towel and soap dispenser □ Sanitizer for wiping up spills □ Employee rents or owns breast pump □ Employee purchases | Space with privacy ensured Electrical outlet Chair Small table Wastebasket Nearby sink with hot, running water Towel and soap dispenser Sanitizer for wiping up spills Employee rents or owns breast pump or company provides pump Employee purchases personal pump kit Nearby storage compartment for pump Foot stool Bulletin board for educational materials and communications Wall clock Free or low cost breastfeeding literature available from: • Breast pump companies • La Leche League • Iowa Dept of Public Health | Space with privacy ensured Electrical outlet Chair Small table Wastebasket Sink in the room with hot, running water Towel and soap dispenser Sanitizer for wiping up spills Company provides pump or funding to assist mother in purchasing a quality pump Company purchases personal pump kits for employee Nearby storage compartment for pump Foot stool Bulletin board for educational materials and communications Wall clock Library of breastfeeding resources AM/FM radio/cassette player Full length mirror Telephone Free or low cost breastfeeding literature available from: |