

Community Health Needs Survey 2018

651 completed surveys

Summary of Survey Results may also be found at www.healthysiouxland.org

Top reasons as to why survey respondents did you NOT get all the medical care they needed in the last 12 months were:

Cost Too Much Other Not convenient times/could not get appointment
Too long for a wait for an appointment

Top reasons as to what prevented individuals from seeing a doctor if they were sick, injured, or needed some type of health care?

Cost Cannot get time off from work Hours not convenient Difficult to get an appointment

Top reasons why individuals did not get a prescription from their doctor filled in the last 12 months?

Too Expensive I stretched my current prescription by taking less than what was prescribed
I did not think I needed it

Top programs/services that survey takers have looked for:

Depression/anxiety/mental health Weight problem

Top conditions that a doctor told survey takers they needed and sought treatment for?

Depression High blood pressure high blood cholesterol

Top three most recent diagnoses for cancer.

Breast Skin Cancer Thyroid

Results for cancer screenings:

Of those 50 years and older 67% had a colorectal cancer screening in the last 5 years
Of all survey takers, only 26% had a skin cancer screening in the past year

Twenty survey takers or 4% have taken prescription opiates on a regular basis for more than 2 weeks

Survey takers or immediate family member have taken the following medications during the past six months that were not prescribed to them or took more than was prescribed to feel good or high, more active or alert.

Ritalin, Adderall, Concerta or other ADHD medications (3.83%)
Tranquilizers such as Valium or Xanax, sleeping pills, barbiturates, Seconal, Ativan or Klonopin (2.88%)

Survey responders indicate that their doctor or other health professional did NOT talk to them about the following topics 50% -75% of the time in the past year:

injury prevention such as safety belt use, helmet use or smoke detectors drug abuse alcohol use
tobacco use family planning STDS Depression, anxiety or emotional problems
Domestic violence

According to survey responders 45 years and older, 83% had reported receiving a mammogram within the past year or 1-2 years.

According to survey responders 18 years and older, 13% had never received a Pap smear or it had been longer than 5 years.

According to survey responders 18 years and older, 40% had never had a pelvic exam or it had been longer than 1 year.

Only 11% of pregnant individuals within 5 years who responded to the survey took a multi-vitamin with folic acid pre- pregnancy, while 16% took a multi-vitamin with folic acid during pregnancy. Only 5% took folic acid pre- pregnancy and 8% took folic acid during pregnancy.

Top five conditions a doctor or health professional has told you your child has.

ADHD Anxiety Asthma Depression Dental Issues

Top specialists survey responders have sought out for their child:

ENT Ophthalmologist Psychiatrists/Mental Health

30% of children do not get at least 60 minutes of physical activity at least 3 days a week.

Only 16% of children get a least 60 minutes 7 days a week.

Between 46% - 56% of survey responders say reproductive systems, abstinence & refusal skills & birth control & use of condoms should be covered in 6-8 grades.

Only 15% of adult survey responders engaged in physical activity for 30 minutes or more for 7 days
55% of adult survey responders engage in physical activity for 30 minutes for at least 3 days or more.

BMI Child – 55% are underweight/healthy weight 13% overweight 32% obese

BMI Adult – 6% underweight 22% healthy weight 32% overweight 41% obese

Top reasons stated as to why individual do NOT exercise

Time to tired lazy weather

40% of survey responders report consuming at least 3 or more fruits and vegetables per day.

44% of survey responders state barriers to consuming fruits and vegetables are because they are too expensive

Top diagnoses of survey responders in the last year have been for:

Depression Anxiety/emotional problems

With regard to personal safety, survey responders report the following:

20% use bike helmets 74% use sunscreen 97% use seat belts

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Responses came from 18 different counties in 4 states

Predominantly white English speaking females from middle class homes

Common themes of open responses – lack of competent medical professionals in Siouxland and need more preventative services and support groups. Need more mental health and endocrinology services. Transportation is a barrier, and the ER should not be used for primary care health concerns. With Planned Parenthood gone concerns about the future.